

Fitness Elite Programs: Price Sheet



In Motion Fitness Ancillary Programs and Services

Guest Fees: A \$5.00 Non-member fee will be added to all Personal Training Sessions:

One-on One Personal Training with a MASTER Trainer. See Fitness for details.

MASTER	Single Session	3 Pack	6 Pack	12 Pack	20 Pack	
	1 Hr.	\$70	\$195	\$360	\$600	\$900
	1/2 Hr.	\$50	\$135	\$240	\$400	\$600

Trainer: _____

Non Member Fee:
Add \$5 per session

One-on One Personal Training with a ELITE Trainer. See Fitness for details.

ELITE	Single Session	3 Pack	6 Pack	12 Pack	20 Pack	
	1 Hr.	\$65	\$180	\$330	\$540	\$800
	1/2 Hr.	\$45	\$120	\$225	\$360	\$550

Trainer: _____

One-on One Personal Training with a CERTIFIED Trainer. See Fitness for details.

CERTIFIED	Single Session	3 Pack	6 Pack	12 Pack	20 Pack	
	1 Hr.	\$50	\$135	\$250	\$470	\$740
	1/2 Hr.	\$35	\$90	\$170	\$300	\$460

Trainer: _____

Personal Trainer	Single Session	3 Pack	6 Pack	12 Pack	20 Pack	
	1 Hr.	\$45	\$125	\$235	\$440	\$700

One-on One Personal Training with a Personal Trainer. See Fitness for details.

Trainer: _____

Synergy Training: combined energy of 2 or 3 Clients

Greater Effort = Greater Results

2 Clients per session: 2 on 1 SYNERGY TRAINING

2 CLIENTS	Single Session	3 Pack	6 Pack	12 Pack	20 Pack	
	1 Hr.	\$45	\$120	\$220	\$400	\$600
	per person	per person	per person	per person	per person	

3 Clients per session: 3 on 1 SYNERGY TRAINING

3 CLIENTS	Single Session	3 Pack	6 Pack	12 Pack	20 Pack	
	1 Hr.	\$40	\$110	\$200	\$360	\$550
	per person	per person	per person	per person	per person	

Small Group Training: 4, 5, or 6 Clients

4 Clients	Monthly	2x Week 1Hr. Sessions	\$200 per person
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5 Clients	Monthly	2x Week 1Hr. Sessions	\$175 Per Person
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6 Clients	Monthly	2x Week 1Hr. Sessions	\$150 Per Person
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Non Member Add \$29

PERSONAL TRAINING CLASSES

CLASS	2x per week	3x per week	Unlimited
	\$80	\$100	\$100

Days: _____
Times: _____
Trainer: _____

Office Use Only:

1. Complete form and ring at front desk
2. Copy receipt and Ancillary Programs sheet and distribute to Marie
Print Member's Name
Member Cell Phone
IMF reps printed name
Total Pd.

Online Training

\$100 Per Month
*Includes 60 minutes per month with trainer
*A pre-requisite of 3/1hr sessions for \$99 is required

\$100 per month includes email, text or phone support from your trainer

Nutrition In Motion



For more information visit: inmotionfitness.net